



**Awaken In**  
Experience your true self..  
Transform your life

**Begins October 13th**  
**Saturday's**  
**9.30am – 12.30 pm for 7 weeks**  
**At**  
**The Healing Cottage,**  
**24 Nerang st, Nerang QLD 4211**

## ***The Four Desires***

***"Tap into personal power... Fulfil the desires of your soul"***

- Reveal your unique soul purpose
- Learn tools for dealing with personal challenges
- Be guided by your dharma code for life's choices

The four desires will support you in the achievement of lasting spiritual and material fulfilment. It is a process drawn from ancient yoga teachings for revealing your dharma or statement of your soul's purpose. Your dharma will guide you in your choices for the rest of your life.

### ***Facilitator***

Kel Green. Kel draws upon eastern, western and intuitive teachings to support people for expanded self- awareness revealing of the power within each of us to live life to its fullest. Para Yoga Cert. Four Desires Trainer  
M.A Energy, Body, Mind Psychology.  
RYT 500 & RYS 200 Yoga School.

### ***Bookings***

Contact the us direct at **0439007999** or email [info@awakenin.com.au](mailto:info@awakenin.com.au). Spaces are limited. This program is open to everyone interested in personal transformation.

### ***Investment***

**\$390 per person.**

***Pay a deposit or pay in full. Pay as you go and direct debit available. Course materials extra to the program.***

***"I have recently completed the Four Desires program with Kel Green and found it to be fantastic. It opens your eyes and thoughts to many great outcomes and is really useful in your life. I found Kel to be very skilled in delivering the program and she has a calm and warm style in her approach to providing deeper understanding. I would recommend Kel and the program to anyone looking for more meaning and purpose in their life". - Warren***

Note: Upon satisfactory completion of this program participants are eligible for accreditation in the para yoga master training program for the Four Desires Course.